

How to Proceed

The following Websites can serve as directories to find programs that fit the needs of your school.

These Websites include information about programs that:

- 1) Are school-based
- 2) Have been shown to be effective
- 3) Provide training and/or consultation

WEBSITES:

Blueprints for Violence Prevention
www.colorado.edu/espv/blueprints

Collaborative for Academic, Social, and Emotional Learning
www.casel.org/about_sel/SELprograms.php

Virginia Best Practices in Violence Prevention
www.pubinfo.vcu.edu/vabp

CONSUMER GUIDE:

School Conflict Resolution Training: What You Need To Know To Select a Trainer
www.disputeresolution.ohio.gov/brochures/csgsmtrainer.htm

This brochure is a project of:

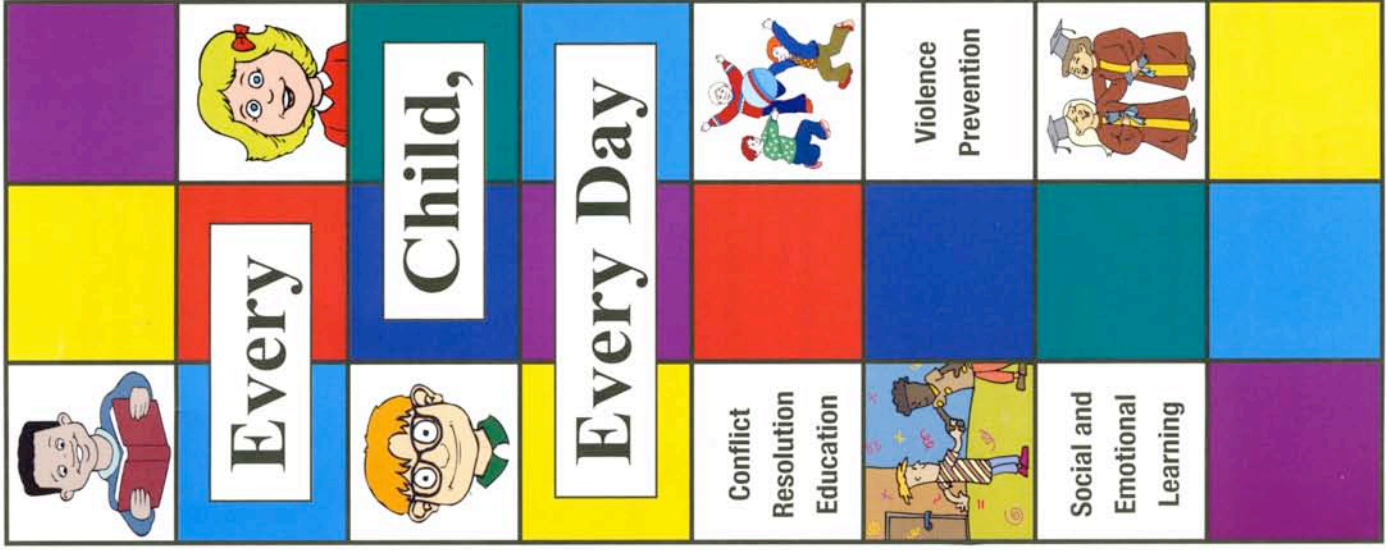
The Peace Education Action Committee
Psychologists for Social Responsibility
208 "I" Street, NE
Washington, DC 20002
Phone: (202) 543-5347
Website: www.psyr.org
E-mail: psyr@psyr.org

AND

The Peace and Education Working Group
Society for the Study of Peace, Conflict, and Violence: Peace Psychology
Division of the American Psychological Association
Website: www.webster.edu/peacepsychology/

References

- ¹ U.S. Department of Education. (1996). *Creating Safe and Drug-Free Schools: An Action Guide*. Washington, D.C.: U.S. Department of Education.
- ² Jones, T.S. (2004). Conflict resolution education: The field, the findings, and the future. *Conflict Resolution Quarterly*, 22(1-2), 233-267.
- ³ U.S. Office of the Surgeon General. (2001). *Youth Violence: A Report of the Surgeon General*. [www.surgeongeneral.gov/library/youthviolence].
- ⁴ Johnson, D.W., & Johnson, R.T. (2003). Field testing integrative negotiations. *Peace and Conflict: Journal of Peace Psychology*, 9(1), 39-68.



"The effective conflict resolution education programs...have helped to improve the climate in school, community, and juvenile justice settings by reducing the number of disruptive and violent acts in these settings, by decreasing the number of chronic school absences...; by increasing academic instruction during the school day; and by increasing the self-esteem, and self-respect, as well as the personal responsibility and self-discipline of the young people involved in these programs."

- U.S. Department of Education

"...the research clearly demonstrates that CRE [Conflict Resolution Education] approaches yield impressive results...Evidence for the efficacy of basic SEL [Social and Emotional Learning] programs and general conflict resolution programs is clear."

- Tricia S. Jones
Editor-in-Chief
Conflict Resolution Quarterly

"Clearly, we are past the era in which some observers believe that 'nothing works' to prevent youth violence. Numerous programs have demonstrated their effectiveness in reducing risk factors for serious violence."

- U.S. Surgeon General

"...evidence [shows] that it is possible to intervene in schools and change substantially the way in which students manage their conflicts with each other."

- David Johnson & Roger Johnson
University of Minnesota

Types of School - Based Programs

Social and Emotional Learning (SEL):

Students learn to recognize and manage emotions, set positive goals, improve problem solving and decision making, and acquire social and communication skills such as perspective taking and negotiation.

Conflict Resolution Education (CRE):

These programs emphasize the same cognitive, social, and emotional skills as for SEL. Additionally, they focus more on cooperative learning, peer mediation, integrative negotiation, and teaching about interpersonal and inter-group conflict, diversity issues, and social justice.

Violence Prevention:

These programs also teach the skills covered in SEL. They focus more directly on anger control and prevention of serious interpersonal violence, substance abuse, and risky sexual behavior. They are sometimes designed for at-risk populations.

Demonstrated Benefits

Increases:

- Academic achievement
- Perspective-taking and problem-solving skills
- Constructive conflict behaviors
- Emotional awareness and control
- Healthy interpersonal and intergroup relations
- Positive attitudes toward school

Decreases:

- Aggressive orientation
- Perception of hostility in others
- Conflicts at home and school
- Incidents of violence
- Discipline referrals/ suspensions

Successful programs of all types generally include caring and engaging school practices and broad student, parent, and community involvement in program planning and implementation.

School-Based Conflict Resolution Education:

